

HUMAN DEVELOPMENT DEPARTMENT (RAVINDRA CLUB)

Month – January 22/1/2021

Title of the programme – National Webinar on “Positive thinking and stress management in present time”

Date – 22/1/2021

Place of the programme -Human Development Department

Subject - “Positive thinking and stress management in present time”

Date – 22/1/2021

Incharge – Dr. Abha Tiwari

Purpose of the Event- 1. Develop students power of positive thinking. Development of positive thought they can strengthen ability to well adjustment in society with the help of a stress management techniques. Student release their pressure get better life opportunities.

Impact of Programme _Power of positive thinking is a strength. It is helpful for better adjustment ability to develop reduce stress and even in stressful situation person recognise self in better

Number of Participant –476

Pictures of National Webinar 22/1/2021



GOVT. M.H. COLLEGE OF HOME SCIENCE AND SCIENCE FOR WOMEN JABALPUR M. P.

Cordially invites you to attend

National Webinar on

" Power of positive thinking and stress management in the present time "

Organized by : HUMAN DEVELOPMENT DEPARTMENT ON

22 January,2021

Time- 2.00 p.m. onwards participants are requested to register

Registration Link <https://forms.gle/ST3giBfg8PqurYaKA>

WhatsApp Group Links:

please join any one group for further communication.

Group1 <https://chat.whatsapp.com/G3CMHvrD3ny3qKzi1jfq5R>

Group2 <https://chat.whatsapp.com/Es3m5eQ20lz7DPR4bU07l6>

Group3 <https://chat.whatsapp.com/GyLT64j5cThCUotkzL0N1I>

Google Meet Link: <http://meet.google.com/iwe-kgei-njw>

You Tube Live Stream Link :<https://youtu.be/Is72ZWHuWEs>



Govt. M.H. College of Home Science & Science for Women, Jabalpur

**National Webinar
On
"Power of Positive Thinking & Stress Management in present Time"**

Date – 22/01/2021

Time – 2:00 pm

Virtual Platform – Google Meet

Meeting Link - <http://meet.google.com/iwe-kgei-njw>



**Patron
Dr. Leela Bhalavi
(Additional Director)**



**Dr. Akhilesh Ayachi
(Principal)**

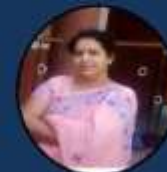
Speakers



**Mrs. Gayatri Burman
Retd. Professor
Mata Jijabai Govt. Girls PO College, Indore**



**Dr. Kamlesh Sharma
Retd. Professor, Trained Gender planning Trainer
Brighton Institute of Development Planning UK**



**Dr. Meenakshi Singh
Asso. Professor & Head
Institute of Home Science,
Bundelkhand University, Jhansi (UP)**

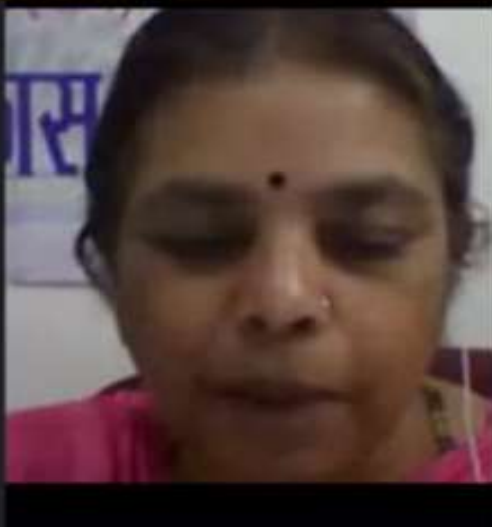


**Convenor
Dr. Abha Tiwari
Professor & Head
Department of Human Development**

Organised By :: Department of Human Development

**Sponsored By ::
State Project Directorate
Department of Higher Education, Govt. of MP
Under the World Bank Project of MP Higher
Education Quality Improvement Programme
(MPHEQIP)**

E – Certificate will be given to participate after filing the feed back form.



Sakshi Rajak left



Gayatri Burman